



Food Menu

WHOLESMORE MENU - thoughtful choices for wellbeing -

- All prices include tax.
- Please inform our staff of any food allergies.
- Ingredients may change depending on the availability of the day.

BREAKFAST { OPEN - 11:00 }

MORNING PLATES

	Roasted Organic Cauliflower with Kinzanji Miso ...	1,650
	Cauliflower + Mixed Quinoa + Dill + Kinzanji Miso + Mustard Sauce	

ALL DAY { OPEN - L.O. 21:00 }

EGGS BENEDICT

Avocado Crost Benedict	1,650
Croissant + Avocado + Poached Egg + Arugula + Cheese	
Prosciutto & Arugula Crost Benedict	1,650
Croissant + Ham + Cheese + Poached Egg + Tomato Sauce + Arugula	
Bacon & Porcini Crost Benedict	1,650
Croissant + Bacon + Poached Egg + Porcini Cream + Arugula + Granapadano	

SANDWICHES

	Vegan Sprout Sandwich	1,550
Vegan	Vegan Mayonnaise + Cucumber + Avocado + Red Onion + Radish + Sprouts + Wasabi Mustard	
Smoky Chicken & Sprout Sandwich	1,650	
Mayonnaise + Cucumber + Chicken Thigh + Red Cabbage Rape + Sprouts + Bacon (Soy Sauce, Mirin, Maple) + Mustard		
Lox & Cream Cheese Bagel Sandwich	1,850	
Bagel + Salmon + Cucumber + Tomato + Capers + Dill + Cream Cheese + Red Onion		
Reuben Sprout Sandwich	2,000	
Mayonnaise + Wagyu Roast Beef + Red Cabbage Rape + Cheese + Thousand Island Sauce + Gouda Cheese + Yellow Mustard + Sprouts		

SALADS

Smoked Endive Salad	1,650
Fried Egg + Endive + Unagi + Green Onion	
Romaine & Kale Caesar Salad	1,350
Romaine Lettuce + Caesar Dressing + Bacon + Cheese + Poached Egg	

SOUPS

Awaji Onion Gratin Soup	1,000
Awaji Onion + Bacon + Cheese + Croutons	
Job's Tears & Mushroom Soup	1,550
Mushroom + 3 Kinds of Mushrooms + Job's Tears + Fresh Cream + Cheese + Croutons	
Chilled Vichyssoise Soup	1,200
Potatoes + Onion + Milk + Fresh Cream + Consommé	

HAMBURGER

Kagoshima Wagyu Beef Hamburger	2,500
Homemade Buns + Wagyu Mince + Lettuce + Cinnamon Mayonnaise + Soy Koji BBQ Sauce + French Fries	
Kagoshima Wagyu Beef Avocado Burger	2,850
Homemade Buns + Wagyu Mince + Avocado + Lettuce + Cinnamon Mayonnaise + Soy Koji BBQ Sauce + French Fries	
Kagoshima Wagyu Beef Bacon & Cheddar Burger ...	2,950
Homemade Buns + Wagyu Mince + Bacon + Cheddar Cheese + Lettuce + Cinnamon Mayonnaise + Soy Koji BBQ Sauce + French Fries	

Miyazaki Kurose Yellowtail Filet-o-Fish Burger	2,500
Homemade Buns + Kurose Yellowtail + Homemade Tartar Sauce + Frilled Lettuce + Yellow Mustard + Lemon + French Fries	

	Vegan Burger	2,800
Vegan	Homemade Vegan Buns + Mustard + Frilled Lettuce + Vegan Patty + Soy Cheese + Avocado + Vegan Mayonnaise	
TOPPING	Cheddar Cheese	+200
	Avocado	+350
	Extra Patty	+1,000

BOWLS

	Açaí Bowl (Strawberries can be changed to kiwi)	1,750
Vegan Available	Organic Açaí + Organic Banana + Blueberries + Strawberries + Granola + Honey + Bee Pollen + Shredded Coconut	
	Fruit Bowl	1,750
Vegan Available	Seasonal Fruit + Organic Banana + Blueberries + Strawberries + Yogurt + Granola + Honey + Shredded Coconut	
	Yogurt Açaí Bowl (Strawberries can be changed to kiwi) ...	1,650
Vegan Available	Organic Açaí + Organic Banana + Blueberries + Strawberries + Granola + Honey + Bee Pollen + Shredded Coconut	
SUPERFOOD TOPPING	Chia Seeds / Quinoa / Shredded Coconut	+100 each
	Bee Pollen / Pumpkin Seeds / Coconut Chips	+150 each
	Cacao Nibs / Extra Honey /	+200 each
	Agave Syrup (change/add) / Maple Syrup (change/add)	



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DINNER { 17:00 - L.O. 21:00 }

STARTERS

Organic Olives (2 Varieties)	500
Chicken Liver Pâté	600
Organic Figs with Cream Cheese & Bread	600
Prosciutto with Campagne	800
Caprese with Sun-Dried Tomato and Mozzarella	800
Wagyu Roast Beef	900

TACOS

Carnitas	IP 500
Tortilla + Pork + Salsa Sauce + Red Onion + Cilantro + Lime	3P 1,350
	5P 2,000
Shrimp & Arugula	IP 500
Tortilla + Shrimp + Tomato + Red Onion + Arugula + Cilantro + Lime + Sriracha Mayonnaise	3P 1,350
	5P 2,000

APPETIZERS

White Miso Hummus with Organic Chickpeas	1,250
Chickpeas + Sesame Paste + Garlic + Olive Oil + Lemon Juice + Campagne	
Hyogo Whitebait Omelette	1,350
Boiled Whitebait + Egg + Green Chili + Dashi + Fresh Cream + Lemon + Shiso	
White Asparagus with Fried Egg & Karasumi Butter	1,550
White Asparagus + Egg + Karasumi (Dried Mullet Roe) + Cheese	
Sea Bream & Japanese Eggplant Carpaccio	1,550
Sea Bream + Japanese Eggplant + Tororo Kombu	
Porchetta - Herb-Rolled Pork Belly	1,350
Pork Belly + Parsley + Green Onion + Arugula + Sansho Pepper + Cherry Leaves + Dill + Lemon	
Avocado Nachos	1,850
Avocado + Lime + Cilantro + Nuts + Red Onion + Tomato + Yellow Bell Pepper + Tortilla	

FRITTERS

Arancini (Rice Croquette with Rice Flour)	1,050
Rice + Onion + Carrot + Celery + Butter + Chicken Consommé + Tomato + Oregano + Bay Leaf + Salt + Pepper	
Rice Flour Zucchini Chips	1,250
Zucchini + Rice Flour + Yogurt Sauce + Lime	

Fish & Chips	1,850
Pacific Cod + Inca no Mezame Potatoes + House-made Tartar Sauce	

PASTA

Chicken Thigh & Kujo Scallions Pasta	1,950
Chicken Thigh + Kujo Scallions + Kabosu Juice + Salt + Pepper + Olive Oil	
Octopus Ragù Arrabbiata	2,000
Onion + Carrot + Celery + Octopus + Red Wine + Honey + Tomato + Garlic + Olive Oil + Chili Pepper + Salt + Pepper	
Homemade Koji & Salmon Carbonara	2,500
Salmon + Koji + White Miso + White Wine + Milk + Fresh Cream + Salt + Pepper + Cheese + Egg	
Wagyu Bolognese	3,000
Wagyu Mince + Cinnamon + Tomato + Red Wine + Oregano + Bay Leaf + Onion + Carrot + Celery + Olive Oil + Cheese + Garlic	

MAIN

Charcoal-Grilled Miyazaki Southern Island Pork	3,500
Pork + Grilled Vegetables	
Japanese Black Wagyu Ribeye with Homemade Herb Butter	4,200
Ribeye + Grilled Vegetables + Herb Butter + Nori Seaweed	

SIDES

Organic Baby Leaf	300
Campagne	300
French Fries	700

Dessert

WHOLESMOME MENU- thoughtful choices for wellbeing -



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the roots of Osaka and Japan's food culture
while connecting them to the future, on the historic grounds of Naniwa Palace.
By respecting traditional techniques and ingredients
while incorporating new interpretations, we create value that transcends time.*

{ OPEN - L.O. 21:00 }

Buttermilk Pancakes 1,350

Wheat Flour + Egg + Buttermilk + Yogurt + Lemon

Caramel & Banana Buttermilk Pancakes 1,550

Wheat Flour + Egg + Buttermilk + Yogurt + Banana + Homemade Caramel Sauce

Fig & Prosciutto Pancakes 1,800

Wheat Flour + Egg + Buttermilk + Yogurt + Fig + Prosciutto + Homemade Caramel Sauce + Fig & Rum Butter + Fresh Cream

 **Mango & Organic Banana Tart 1,250**

Rice Flour Tart Crust + Almond Cream + Rice Flour Custard Cream + Lemon Cream + Mango Passion Sauce

 **Fig Tart 1,350**

Rice Flour Tart + Fig Cream Cheese + Fig + Fresh Cream + Olive Oil + Homemade Caramel Sauce +
Black Pepper + Parmigiano Cheese

 **Okinawa Mango Parfait 1,650**

Mango Pudding + Passion Fruit Sauce + Fresh Mango + Jasmine Tea Jelly + Orange Mango Granité +
Coconut Ice Cream + Salted Milk Ice Cream + Coconut Tuile

 **Seasonal Fruit Sandwich 1,500**

Whole Wheat Bread + Seasonal Fruits + Soy Whipped Cream

 **Profiterole 1,050**

Rice Flour Cream Puff + Salted Milk Ice Cream + Pecans + Chocolate

 **Rice Flour Caramel Banana Pound Cake 600**

Banana + Egg + Butter + Rice Flour + Almond Flour + Espresso Butter

 **Rice Flour Lemon Cake (Week-end Citron) 600**

Egg + Butter + Rice Flour + Almond Flour + Lemon

 **Granola Cookie 400**

Oats + Maple Syrup + Coconut Oil + Rice Flour + Oat Flour + Pecans + Superfoods

 **Chocolate Chunk Cookie 400**

Rice Flour + Butter + Egg + Chocolate Chunk

TOPPING Seasonal Fruits +300 ~

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Drink Menu

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ALCOHOLIC BEVERAGES

WINE

Red Wine	800 ~
White Wine	800 ~

WHISKY

Dewar's White Label	800
Ichiro's Malt	1,100
Sakura Chronos	1,400
Wild Turkey Standard	900
Wild Turkey 8 Years	1,200
Maker's Mark 45°	900
I.W. Harper	900
Yamazaki 43°	2,000
Hakushu 43°	2,000
Hibiki Japanese Harmony 43°	2,500
Chita 43°	1,600
Fuji 46°	1,500

GIN

Bombay	1,000
ROKU	1,500
Ki no Bi	1,500
YUZU GIN	1,500
HOLON	2,000
Kyrö Napue	2,000
Minabe Ume Gin	2,000
ENGINE Organic Gin	1,600
Niseko ohoro GIN	1,600

BEER

Draft Beer Sapporo	800
Pale Ale	1,000
Fuji Beer	1,000

PLUM WINE

Gyokuro(Green Tea Plum Liqueur)	900
Yamazaki Plum Wine	900
Yamazaki Plum Wine Whiskey Blend	1,200
Aragoshi(Plum Liqueur with Pulp)	1,000
Tengumai	1,000
Minabe Craft	1,500

SHOCHU

Sapporo Shochu	800
Kikkōmiya	800
Takara	900
Toyone(Barley Shochu).....	1,000
Muramasa(Barley Shochu)	1,000
Tomino Hōzan(Sweet Potato Shochu)	1,000

JAPANESE SAKE

Toyosaki	1,200
Sen no Rikyu	1,100
N-888	1,100

NON-ALCOHOLIC

Sapporo Non-Alcoholic Beer	700
Non-Alcoholic Plum Wine	800
Yamazaki Sparkling Mineral Water	900

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SOFT DRINKS

COFFEE

Blend	Hot/Ice 600
Single Origin	Hot 650
Decaf	Hot/Ice 650
Americano	Hot/Ice 700
Cappuccino	Hot 650
Caffè Latte	Hot/Ice 650
Flat White	Hot 650
Espresso	Single 400 Double 500
Caffè Mocha	Hot 700
Salted Caramel Latte	Hot/Ice 700
Coconut Oat Latte	Hot 800

<i>OPTION</i>	+Oat Milk	100
	+Soy Milk	100
	+Almond Milk	100
	+Espresso Shot	100

PREMIUM SODA

Fever-Tree Ginger Ale	800
Fever-Treea Tonic	800
Fever-Tree Elderflower Tonic	800

FRESH JUICE

Orange	1,000
Cucumber Soda	1,200

TEA

Japanese Black Tea	Hot 800
Rooibos Tea	Hot 800 Ice 650
Earl Grey Tea	Hot 800 Ice 650
Royal Milk Tea	Hot/Ice 700
Chai Tea Latte	Hot/Ice 750
Sencha(Japanese Green Tea)	Hot/Ice 700
Matcha	Hot 700
Hōjicha(Roasted Green Tea)	Hot/Ice 700
Matcha Latte	Hot/Ice 800
Hōjicha Latte	Hot/Ice 750

OTHERS

Craft Cola	850
House-made Lemonade	850
Saratoga Cooler	900
Espresso Tonic	900
Espresso Orange	900
Virgin Mojito	900
Cacao Milk(Hot Chocolate)	700
Carrot Juice	800
Organic Apple Juice	800